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In Cocinando para Latinos con Diabetes, each recipe is provided in Spanish and English and is suitable for any diabetes meal plan. From empanadas and corn dishes, to rice, beans, and hearty stews, you'll love bringing the taste of Latin America into your home.) ©2011 American Diabetes Association. Softcover, 338 pages, 7 x 10.

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Los Latinos como grupo corren un riesgo significativo de la diabetes. Este libro de cocina presenta recetas en un formato bilingüe para el uso óptimo de las comunidades hispánicas. Incluye más de 125 recetas en inglés y español, con capítulos introductorios acerca de la diabetes, del papel de la nutrición, y del planeamiento básico de la comida.--Desde la descripción de la editorial

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Cocinando para Latinos con diabetes = Diabetic cooking for Latinos. [Olga V Fuste; American Diabetes Association.] -- Latinos as an ethnic group are at substantial risk for the development of diabetes.

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Cocinando para Latinos con diabetes = Cooking for Latinos with diabetes. [Olga V Fuste] -- "People often think diabetes meal plans mean bland, tasteless foods and tiny portions. But did you know that you can still eat tasty dishes from classic Latino cuisine?"

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